

# Residential Psychodrama Training Workshop

## 27 April–2 May 2008

### Introduction

The purpose of this five-day intensive training workshop is to train in psychodrama, sociodrama, sociometry, role training and general group work. It is designed to bring about a greater ability to practice the psychodramatic method whether in a psychodrama therapy or growth group, in community groups, in individual counselling and psychotherapy, in education, staff training, or in pastoral care and to function in a leadership capacity in groups and organizations.

The workshop is for beginning, intermediate and advanced trainees and is designed as training for such people as teachers, trainers in organizations, nurses, physicians, psychiatrists, social workers, counsellors, clergy, occupational therapists, marriage and family counsellors, and community workers. Those attending come from Australia and New Zealand and other parts of the world.

### Learning Outcomes and Process

Those who attend will experience a wide range of concerns emerging in the group sessions. There will be a greater development of new ways of functioning as psychodrama directors, role trainers, auxiliaries, group leaders, and group members as a result of contacting other aspects of the self and through supervised practice.

Trainees may expect to direct psychodrama and role training sessions and to learn a considerable amount of psychodrama theory and practice. The emphasis is on supervised experiential learning producing an integration of theory and practice leading to more satisfaction in professional functioning and personal living.

### Leaders

Dr. Max Clayton is responsible for the overall direction of the training sessions and will be supervising and teaching. He is a Psychodramatist Trainer, Educator and Practitioner. He has been responsible for much of the development of psychodrama in Australia and New Zealand. For the past thirty-six years he has been conducting training workshops in psychodrama, sociodrama, sociometry, role training and group work in Australia, New Zealand, Japan, the United States and Europe.

Chris Hosking will be supervising and teaching in small group sessions. She is a Psychodramatist Trainer, Educator and Practitioner and staff member of the Australian College of Psychodrama and for the past twenty-four years has conducted training workshops and seminars in psychodrama, sociometry, role training and group work and has been actively involved in supervision of trainees in Australia and New Zealand, Japan, Vietnam, Myanmar and Europe.

- Times** Commences 6.30pm Sunday 27 April with an evening meal  
 Concludes 4.30pm Friday 2 May  
 There will be three three-hour sessions daily 10am-9.30 pm, and two sessions on the last day, with meal and recreation breaks.
- Numbers** 18 participants maximum.
- Venue** Chestnut Hill Conference Lodge, St James Avenue (off Gleghorn Road), Kallista, Dandenong Ranges, Victoria 3791, Australia. This is about 1 hour's drive from the city. The Melway Reference is: Map 75 K2. Telephone: (03) 9755 2145 Website: <http://www.chestnut-hill.com.au>
- Transport** Train transport is available from Southern Cross and Flinders Street stations to Belgrave Station in the Dandenong Ranges. A pick up from Belgrave will be organised for the short trip to the Lodge.
- Fee** \$1,640 (deposit \$200). Deposit non-refundable if there is a cancellation after 18 April.
- Inquiries** Contact Chris Hosking, College Registrar, Phone 03 9589 6879
- Enrolments** Complete the attached enrolment form and send with a deposit of \$200 to Jenny Hutt, College Administrator, P O Box 605, Northcote, Victoria 3070. Cheques are payable to the Australian College of Psychodrama. You can contact Jenny by phone: 03 9489 5733 or email: [psychodrama@netspace.net.au](mailto:psychodrama@netspace.net.au)

**Enrolment Form for  
Residential Psychodrama Training Workshop**

*Please complete every section:*

Surname: \_\_\_\_\_

Given Names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address (Work): \_\_\_\_\_

\_\_\_\_\_

P/code: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

Fax: \_\_\_\_\_

Address (Private): \_\_\_\_\_

\_\_\_\_\_

P/code: \_\_\_\_\_ Country: \_\_\_\_\_

Deposit enclosed: \$ \_\_\_\_\_ Date: \_\_\_\_\_

Menu: (Strike out inapplicable)      Regular / Vegetarian / Vegetarian with Fish

Transport: I intend to travel by train/car to the venue