

# Working with Marginalised People – for helping professionals

## Thursday and Friday 17–18 April 2008

### Introduction

This workshop focuses on the application of role theory and psychodramatic principles in work with people who are marginalised and at risk in our community, and who may have experienced homelessness, alcohol and other drug addictions, mental illness, institutionalisation, imprisonment, sexual abuse, violence, intimidation and exploitation.

Psychodramatic principles assist in strengthening and repairing the foundation behaviours (roles) within a person, increasing their role repertoire, building self-esteem and confidence, and developing functional coping skills.

This workshop is suitable for people working as case managers, youth workers, psychologists, social workers, community development workers and counsellors.

### Learning Outcomes and Process

Participants can expect to develop fresh perspectives on their work with marginalised clients. Case examples will be worked with.

### Content

- Introduction to role theory (including role analysis; mapping progressive, coping and fragmenting roles; and role repertoire) and its clinical application
- Introduction to and application of psychodramatic principles such as warm up, spontaneity and social atom repair

### Informed Consent

Participants enter the workshop aware that psychodrama deals with personal material. Though participants are always in charge of the level of their interactions and self-disclosure, the act of enrolling in itself indicates an applicant's understanding that action explorations are part of the workshop and may have a significant emotional impact.

### Leader

Richard Hall is a counselling psychologist in private practice. He conducts personal development groups, individual supervision and counselling sessions. Richard's practice includes working with clients who have identity and life transition concerns. He has run a personal development group using psychodrama for 19 years. Richard is a qualified Psychodramatist and a Trainer, Educator, Practitioner (TEP)-in-training with the Australian and New Zealand Psychodrama Association.

He has worked as a counsellor at a crisis accommodation unit and now works with clients in a rooming house for disadvantaged people, who have a range of presenting problems including homelessness, drug and alcohol addiction and mental illness.

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| <b>Dates &amp; Times</b> | Thursday and Friday 17-18 April, 9.30am–5.00pm   |
| <b>Venue</b>             | Northcote Town Hall, 189 High Street, Northcote, Victoria 3070   |
| <b>Fee</b>               | \$275 (deposit of \$125)   |
| <b>Inquiries</b>         | Contact Chris Hosking, College Registrar, Phone 03 9589 6879   |
| <b>Enrolments</b>        | Send your name, address, email address, contact phone numbers and the name of the workshop with a deposit of \$125 to Jenny Hutt, College Administrator, P O Box 605, Northcote, Victoria 3070. Cheques are payable to the Australian College of Psychodrama. You can contact Jenny by phone: 03 9489 5733 or email: psychodrama@netspace.net.au |