

Group Work Training

26–29 June 2008

Introduction

The purpose of this group work course is to enhance the ability to conduct group sessions so that participants become more conscious of their motivations and more able to express themselves in their life and work.

Each training session is divided into three sections. The first is an experiential group session during which participants enlarge their capacity to perceive and respond creatively to the emergent expressions of other group members. This is followed by a report session in which a recorder presents a detailed account of the previous experiential group. Group members recall the events with a sense of freshness and newness and a degree of objectivity as a result of being more dispassionate observers. Humour and lightness is associated with seeing oneself and others from a different point of view. The third section is a presentation and discussion of different approaches to group work theory and practice.

The workshop is for those involved in conducting different kinds of groups such as therapeutic groups, work groups or supervision groups or who are contemplating conducting a group. Over 2,000 professional people have developed their group leadership capabilities on this intensive four-day program since its inception.

Learning Outcomes

The combination of an experiential group session, detailed reflection on the emerging group process, and teaching and discussion of different approaches to group work brings about a greater integration of theory and practice. Participants usually become more conscious of their unique leadership style and realise that this can be incorporated into their life and work. There is enlargement of the capacity to interpret the dynamic meaning of the emergent group processes, and the appreciation of the roles of individual group members and their relationship to one another.

Content

Much of the content is derived from the experience and expression that emerges in the course of the group sessions. In addition the consideration of the contributions of W.R. Bion, the laboratory approach, encounter groups, Eric Berne, J.L. Moreno, and the focal conflict model of Whitaker and Lieberman result in participants perceiving new things emerging in the group process.

Leader

Max Clayton is an experienced clinician, individual and group supervisor and trainer who has worked intensively in this field for many years. He has accrued significant skill and a depth of insight in teaching and training people in other cultures around the world. He is the author of several books on role training, role theory, group leadership and psychodrama. Max is a Psychodramatist Trainer, Educator and Practitioner and a Distinguished Member of the Australian and New Zealand Psychodrama Association.

Times	Thursday-Sunday 26-29 June, 10.00am–6.00pm
Venue	Northcote Town Hall, 189 High Street, Northcote, Victoria 3070
Fee	\$545 (deposit of \$125)
Training hours	24
Inquiries	Contact Chris Hosking, College Registrar, Phone 03 9589 6879
Enrolments	Send your name, address, email address, contact phone numbers and the name of the workshop with a deposit of \$125 to Jenny Hutt, College Administrator, P O Box 605, Northcote, Victoria 3070. Cheques are payable to the Australian College of Psychodrama. You can contact Jenny by phone: 03 9489 5733 or email: psychodrama@netspace.net.au